PPTCT Cascade of Services

Registration of pregnant women
Routine Antenatal (AN) Services including HIV counseling and testing

Pre-test counseling for HIV
Consent and HIV testing

Post test counseling for HIV

HIV Negative pregnant women

HIV Positive pregnant women
Counseling on choice of continuation of pregnancy
Continuation of pregnancy

HIV clinical management
Refer to ART centre for CD4 testing and Opportunistic Infections
Lifelong ART initiation regardless of CD4 count or WHO clinical staging

ART Adherence counseling
Monitor for side effects

Start Cotrimoxazole prophylaxis if CD4 <250

Institutional delivery
Continue ART for mother

Post natal care of mother
Routine postnatal care – hygiene and nutrition
Breast feeding counseling
Continue ART lifelong

Care of HIV exposed infant
NVP prophylaxis from birth till 6 weeks
Cotrimoxazole prophylaxis from 6 weeks till 18 months
Early Infant Diagnosis (EID) of HIV – DNA-PCR testing (6 weeks, 6 months, 12 months or 6 weeks after stopping breast feeding, and confirmation with antibody test at 18 months)
Regular Immunization as per national schedule
Breast feeding and Growth monitoring
Follow-up of child till 18 months for confirmation of

Antenatal services for HIV positives
Ensuring minimum of 3 hospital visits
Pregnancy related clinical examination and lab tests
TT immunization
Iron and folate supplementation
VDRL, STI and TB

During every hospital visit, counsel on
1. Disclosure to partner/family member
2. Follow-up counseling on safer sex and stigma
3. Infant Feeding choice
4. Involvement of family member and spouse
5. Consent for follow-ups and contact details
6. Ensuring monthly visits to ART centre
7. Refer to Positive

Kidney Support and Advocacy Services

Choice of abortion – Family planning services as per MTP Act
Refer to ART centre